



Massage and Bodywork Informed Consent

I, _____, (client) understand that I will be receiving a Swedish massage and would like to emphasize and/or avoid bodywork on the areas specified below:

I understand that Swedish massage is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion, improve circulation and offer a positive experience of touch. _____

I understand that a full body massage consists from the scalp to the feet including the entire hip/gluteal area and excludes the entire female breast area and female/male pelvic area. _____

I understand that I have to be completely draped during the massage and will only have the area being worked on exposed. _____

I understand that if I or the therapist feels uncomfortable at any time during the session, we have the right to end the session at any time. _____

I understand if the pressure is uncomfortable at any time from being too light or too deep, I need to inform the therapist immediately. _____

I understand that massage therapy is not a substitute for medical treatment or medications, and that it is recommended that I concurrently work with my Primary Caregiver for any condition I may have. I am aware that the massage therapist does not diagnose illness or disease, does not prescribe medications, and that spinal manipulations are not part of massage therapy. _____

I have informed the massage therapist of all my known physical conditions, medical conditions and medications, and I will keep the massage therapist updated on any changes. _____

I understand and will abide by all Kingwood Skin Essentials policies regarding Massage and Bodywork.

Client Signature

Date

Therapist Signature

Date

350 Kingwood Medical Drive #300
Kingwood, Tx 77339
www.kingwoodskinessentials.com
281-348-3646